



## Day 1: COURAGE DEFINED

### Scripture Readings:

1 Samuel 17:34-36(ESV)

1 Samuel 24 (ESV)

### Observation:

I grew up with a father who was 6'3", lifted weights, was in the US Marine Corps, and held the occupation of state trooper and fire department lieutenant. Every day of his life, I saw courage displayed. Hearing the stories of his time in the Marine Corp, as a trooper, or fire fighter, I began to define courage with a picture of my father. There were times that, despite his size and toughness, I saw moments when it took more courage to step back rather than run forward.

From the Scripture readings, you learn about David and how courageous he was. David was a young boy out in the fields taking care of his father's herds. He protected his family's fortune when a lion or bear attacked. He also had the courage to face the giant Philistine named Goliath when the king and others stood back. There were times when David showed mercy and kindness to King Saul even though Saul was trying to take David's life. Courage can mean times of standing tough against an attack, but it can also mean times of standing strong and being still.

### Application:

- What does the word courage mean?
- What does the word courage mean to you personally?
- Who has been an example of courage in your life? Why? How? How did it affect you when you saw their courage?



- How have you been courageous in your life? Does it line up with being a godly man?

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